



# Know Your Family's **EYE HEALTH HISTORY**

Prepare for the future by knowing your history. Especially your eye health history. African Americans are at higher risk for certain eye diseases that run in families. Many diseases have no early warning signs. But early detection and treatment can save your sight. Talk with your loved ones about your family's eye health history.

*Write*  
the **Vision**  
Make your plan to protect your sight.

Visit [nei.nih.gov/healthyeyes](http://nei.nih.gov/healthyeyes)



National Eye Institute



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